

Sapthagiri Institute of Medical Sciences & Research Centre, Bengaluru - 560090

1st MBBS 2019 Batch – Schedule of Foundation Course

Date/Time	9AM – 10AM	10AM – 11AM	11AM – 12Noon	12Noon – 1PM	1PM – 2PM	2PM – 3PM	3PM – 4PM	4PM – 5PM
1 st August	Orientation Program to Medical Profession				Lunch Break	Orientation Program to MBBS Program		
2 nd August	Academic Ambience – College Building					Academic Ambience – Hostel, Sports, Gym, Library		
3 rd August	Academic Ambience - Hospital					Sports		
4 th August	SUNDAY							
5 th August	Indian Medical Graduate	CBME Curriculum			Lunch Break	Introduction to Skills Training & AETCOM		Sports
6 th August	Orientation to Electives	CBME Assessment				Early Clinical Exposure		
7 th August	Universal Precautions		Vaccination			Time Management		
8 th August	Patient Safety		Biohazard Safety			Stress Management		
9 th August	Interpersonal Relationships					Computer/Language Skills		
10 th August	Learning & Self Directed Learning					Computer/Language Skills		
11 th August	SUNDAY							
12 th August	First Aid				Lunch Break	Computer/Language Skills		Sports
13 th August	BLS							
14 th August	BLS							
15 th August	INDEPENDENCE DAY							
16 th August	Communication Skills				Lunch Break	Computer/Language Skills		Sports
17 th August	Principles of Primary Care - General					Computer/Language Skills		
18 th August	SUNDAY							
19 th August	Principles of Primary Care – Community Based				Lunch Break	Computer/Language Skills		Sports
20 th August	Health Care System & Delivery							
21 st August	History of Medicine		Physician's role in society					
22 nd August	Alternate Health Systems							
23 rd August	National Health Priorities & Policies							
24 th August	Field Visit - 1					Computer/Language Skills		
25 th August	SUNDAY							
26 th August	Medical Ethics		AETCOM 1.1		Lunch Break	Computer/Language Skills		Sports
27 th August	Framework for Leadership Qualities		AETCOM 1.1					
28 th August	Documentation and Medical Records		AETCOM 1.1					
29 th August	Professionalism		AETCOM 1.1					
30 th August	Research Skills							
31 st August	Field Visit - 2				Computer/Language Skills			
Orientation = 30 hrs	Skills Module = 36 hrs	Professional Development = 40 hrs	AETCOM = 8 hrs	Field Visit = 8 hrs	Sports, Yoga & Extracurricular activities = 22 hrs	Computer/Language Skills = 40 hrs		

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Time Table for 1st MBBS (2019 Batch)

Days/Time	8 AM to 9 AM	9 AM to 10 AM	10 AM to 11 AM	11 AM to 11 15 AM	11.15 AM to 1.15 AM	1.15 AM to 2 PM	2 PM to 4 PM
Monday	Anatomy	Physiology	Biochemistry	BREAK	Dissection	LUNCH	Practicals (A/P/B)
Tuesday	Physiology	Physiology	Anatomy				Practicals (A/P/B)
Wednesday	Biochemistry	Physiology	Anatomy				Practicals (A/P/B)
	1 st Week & 3 rd Week of the Month Early Clinical Exposure						
Thursday	Physiology	Physiology	Anatomy		Practicals/Tutorials (A/P/B)		
Friday	AETCOM	Biochemistry	Physiology		Practicals/Tutorials (A/P/B)		
Saturday	Anatomy	Anatomy	Physiology		Integrated Teaching / AETCOM/ Community Medicine		
Anatomy (A)		Physiology (P)		Biochemistry (B)		Practicals	
Dissection		Early Clinical Exposure			AETCOM		Integrated Teaching/ Community Medicine/AETCOM

Practicals & Tutorials Batch Divisions: A Batch = 1 to 50, B Batch = 51 to 100, C Batch = 101 to 150

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Month	Topic			Linkers	Early Clinical Exposure	AETCOM
	Anatomy	Physiology	Biochemistry	Vertical Integrated Sessions (Proposed)		
September	General Anatomy, General Histology, General Embryology, Upper Limb	General Physiology, Blood	Cell structure, Membrane transport, Chemistry of carbohydrates, Extracellular matrix, Hemoglobin chemistry	Anemia	9 Hours Per Department (6 Hours for Basic Science & 3 Hours for Clinical skills)	Module 1.5 (4 Hours)
October	General Histology, General Embryology, Upper Limb	Nerve Muscle Physiology, Cardiovascular System	Chemistry of nucleic acids, Enzymes, Minerals, Biological oxidation			Module 1.2 (4 Hours)
November	General Histology, General Embryology, Thorax, Thorax Embryology	Cardiovascular System	Minerals, Metabolism of carbohydrates	Myocardial Infarction		Module 1.2 (4 Hours)
December	Abdomen Systemic Histology, Systemic Embryology	Respiratory System, GIT	Lipid chemistry, Lipid metabolism, Acid Base Balance			Module 1.3 (4 Hours)
January	Abdomen, Pelvis, Systemic Histology, Systemic Embryology	Renal Physiology, Endocrines	Water & electrolyte balance, Vitamins, Renal Function Test	Renal Failure		Module 1.3 (3 Hours)
February	Pelvis, Systemic Histology, Systemic Embryology, Genetics	Endocrines	Heme metabolism, Liver Function Test, Genetics	Jaundice		

March	Lower limb, Systemic Histology, Systemic Embryology, Genetics	Reproductive System, Central Nervous System	Hormone action, Thyroid function test, Diabetes mellitus, Free radicals & antioxidants	Diabetes Mellitus	12 Hours Per Department (6 Hours for Basic Science & 6 Hours for Clinical skills)	Module 1.4 (4 Hours)
April	Lower Limb, Systemic Histology, Systemic Embryology, Neuroanatomy	Central Nervous System	Chemistry of proteins, Metabolism of amino acids, Integration of metabolism	Goitre		Module 1.4 (3 Hours)
May	Head & Neck, Systemic Histology, Systemic Embryology	Special Senses, Integrated Physiology	Xenobiotics, Nutrition, Immunity, Metabolism of cancer	Parkinson's Disease		
June	Head & Neck, Systemic Histology, Systemic Embryology	Integrated Physiology	Vaccine development, Automation & Quality Control, Biomedical waste management			
July	Examination					
August						
Anatomy	Physiology	Biochemistry	Integrated Teaching	Early Clinical Exposure	AETCOM	Examination